

## DEPARTMENT 134 – HEALTH, SOCIAL, AND POLITICAL SCIENCES

Please see the judging schedule for date and time for face to face judging.

**All posters and charts are 14" x 22" or 28" x 22"**

Group "A"	Group "B"	Group "C"	Group "D"
\$1.75	\$1.50	\$1.25	\$1.00

### CLASS A – INTERNATIONAL AND MY WORLD

1. Exhibit showing water as a precious resource
2. Exhibit describing weather conditions around the world
3. Exhibit on world hunger
4. Exhibit on nationality of your ancestors
5. Exhibit addressing the similarities and differences of religious or cultural traditions in different countries
6. A multicultural kit
7. Exhibit of food around the world
8. Exhibit showing cultural entertainment traditions
9. Exhibit showing language or other cultural differences

### CLASS B – HEALTH

#### Health 1 – First Aid In Action

1. Display showing household poisons and safe storage methods
2. A properly labeled first aid kit – tell how each item is used
3. Completed first aid cards or first aid book you have made
4. Display showing the treatment or prevention of burns
5. Display showing the treatment or prevention of animal bites
6. Display showing the treatment or prevention of insect bites
7. Display showing the treatment or prevention of choking
8. Display showing the treatment or prevention of cuts, scrapes, and other "owies"

#### Health 2 – Staying Healthy

9. Display on germs
10. Display on the importance of personal cleanliness
11. Display on nutrition
12. Display on exercise and fitness
13. A complete food diary for one week
14. A complete fitness log for one week
15. Garden design for growing power foods in our area
16. A weekly well balanced menu

#### Health 3 – Keeping Fit

17. Chart evaluating your fitness level
18. Chart evaluating water intake for one week
19. Display on nutrition
20. A complete fitness log for one week
21. A fitness plan for a goal (example: running a marathon)
22. Display on careers in the fitness field
23. Display on the importance of warm-up exercises
24. Complete scrapbook on Health Project

## **CLASS C – CITIZENSHIP**

1. Display or poster on the planning process involved in completing a citizenship project
2. Poster or display on different issues or concerns in your neighborhood, town, or city
3. A scrapbook, notebook, or other display documenting your public adventure
4. Display or poster on interviewing, surveying needs, community partners, or evaluations
5. Any other exhibit relating to this project

## **CLASS D – SERVICE LEARNING**

### **Level 1 – Agents of Change**

1. Collage of needs in your community
2. Exhibit your plan to address one community need; include goals, timeline, action plans, resources, and community assets
3. Report (1-2 pages) about your service project; include who, what, where, when, and how, along with why it is important
4. Exhibit showing how you publicized your completed mission
5. Report (1-2 pages) about how you thanks the people or organizations who helps you accomplish your service project
6. Journal on project work to date
7. Mission possible chart or poster

### **Level 2 – Raise Your Voice**

8. Report (1-2 pages) about what you learned from interviewing a government official about a need in your community
9. Your survey or opinion poll and tabulated results about a community need
10. Report (2-3 pages) about the results of a forum you arranged addressing a community need
11. Report (1-2 pages) about risks and factors to consider in dealing with your service project
12. A 5 step plan to carry out your service learning project, include measurable milestones
13. Scrapbook, webpage, PowerPoint, diorama, or other exhibit summarizing your service learning project
14. Journal on project work to date
15. Decision making guide